



## Patient Instructions **SEMEN ANALYSIS SAMPLE COLLECTION**

### Semen Analysis Laboratory Hours

**Service not available Saturday, Sunday and Public Holidays**

Medlab Central, Palmerston North	0700 – 1600 Monday to Friday
Medlab Hawkes Bay	Not available
Medlab Whanganui	0800 - 1500 Monday to Friday
Tlab, Gisborne Hospital	0800 - 1500 Monday to Friday

1. Do not have sexual intercourse or ejaculate for 2-7 days before collecting sample
2. The sample must be collected into a plastic, screw-capped laboratory jar
3. Collect the whole sample by masturbation only
4. A condom must NOT be used
5. Label the jar with your full name, date of birth and time/date the sample was taken
6. Place near body (in pocket) to keep warm
7. Deliver to the main laboratory **within ONE hour** of collection
8. If unable to drop off at the main laboratory contact your local collection rooms to co-ordinate sample drop off with courier times