



PATIENT INSTRUCTIONS

Sample Collection of FAECES

November 2017

COLLECTION

1. Collect faeces in a large clean container, on to a “raft” of toilet paper or onto glad wrap over the toilet bowl. Take care not to mix the specimen with urine or toilet water.
2. Using the plastic spoon from the screw capped collection jar, put one large scoopful of faeces into the jar. Screw down lid of jar **tightly**

PLEASE DO NOT FILL JAR UP

3. If more than one specimen is required they must be collected on separate days and brought to the laboratory or doctor’s surgery on each separate day. Collection on consecutive days is not necessary.
4. Splitting a single sample is not acceptable

SAMPLE LABELLING and HANDLING

5. Label the jar with your/patient’s first and last name, date of birth and date and time of collection
6. Bring the sample to the laboratory or doctor’s surgery as soon as possible on the same day. It is important to have a fresh specimen.
7. Ensure a copy of the request form is with each specimen

OCCULT BLOOD TEST

If testing is for occult blood avoid collection during menstruation or while have bleeding haemorrhoids or blood in urine. Discuss with your doctor if necessary.