



## Patient Instructions **URINE - CYTOLOGY**

### REQUIREMENTS

Three morning specimens collected in equal quantities of 50% alcohol

**DO NOT DISCARD THE ALCOHOL**

The prepared pots are obtained from your nearest Medlab Collection Rooms

### PREPARATION for FEMALES

Clean the whole genital/urinary area with a cloth and warm water, washing from front to back and avoiding the anal area

### PROCEDURE

1. On rising, first thing in the morning, empty the bladder  
**DO NOT collect this specimen**
2. Collect the specimen from the **SECOND** voiding of the day
3. Collect the **FIRST** part of the second voiding  
**DO NOT collect a mid-stream urine**
4. Add the urine to one of the prepared containers so that the container is full
5. Label the container with your full first name, last name, date of birth and date and time of collection
6. Deliver the specimen, with request form, to the laboratory or Doctor's surgery as soon as possible. Refrigerate the specimen if a delay in transit is unavoidable
7. Repeat the procedure on two further mornings to make a total of three specimens.