Patient Instructions for the Collection of
URINE - CYTOLOGY

REQUIREMENTS

Three morning specimens collected in equal quantities of 50% alcohol

DO NOT DISCARD THE ALCOHOL

The prepared pots are obtained from your nearest Medlab Collection Rooms

PREPARATION for FEMALES

Clean the whole genital/urinary area with a cloth and warm water, washing from front to back and avoiding the anal area

PROCEDURE

• On rising, first thing in the morning, empty the bladder

DO NOT collect this specimen

• Collect the specimen from the SECOND voiding of the day

• Collect the FIRST part of the second voiding

DO NOT collect a mid stream urine

• Add the urine to one of the prepared containers so that the container is full

• Label the container with your full first name, last name, date of birth and date and time of collection

• Deliver the specimen, with request form, to the laboratory or Doctor’s surgery as soon as possible. Refrigerate the specimen if a delay in transit is unavoidable

• Repeat the procedure on two further mornings to make a total of three specimens.